

# Silver Nanorods Induced Cytotoxicity, Oxidative Stress and Inflammation in Human A549 Lung Cells

Zareena Begum Shaik<sup>1</sup> and Harikiran Lingabathula<sup>2\*</sup>

<sup>1</sup>Department of Pharmaceutics, Princeton College of Pharmacy, Telangana, India.

<sup>2</sup>Department of Pharmacology and Toxicology, Princeton College of Pharmacy, Telangana, India.

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Silver nanorods are widely employed in a variety of commercial, industrial, and biological applications. Although silver nanorods have several uses, nothing is known about their toxicity. This research aimed to evaluate the laboratory-based harmful effects of silver nanorods measuring 10 nm and 25 nm following exposure to human lung A549 cell lines. The cell viability was tested using tetrazolium assay and lactate dehydrogenase leakage assays. The oxidative stress induction markers such as, lipid peroxidation, glutathione levels and caspase-3 levels were estimated. And the inflammatory mediator interleukin-8 was estimated using biochemical assay kit. Cells exposed to silver nanorods displayed reduced cell viability and increased lactate dehydrogenase leakage, indicating cytotoxicity. Additionally, exposure to silver nanorods causes elevated levels of the inflammatory mediator interleukin-8, decreased levels of glutathione, and increased levels of lipid peroxidation and caspase-3, which indicate oxidative stress. When compared to 25 nm silver nanorods and quartz, a recognized toxicant, the 10 nm silver nanorods showed higher toxicity towards all metabolic parameters. Finally, our results suggesting that the toxicity of silver nanorods was dependent on their concentration and size.

**Keywords:** Caspase-3; Interleukin-8; In vitro toxicity; Nanorods; Silver nanoparticles.

Due to their special mechanical, optical, physicochemical, and functionalization characteristics, silver nanoparticles (SNP) have enormous potential for future applications.<sup>1</sup> SNP possess an increased ability to defend against a wide range of microbes and fungi compared to their micro-sized particles.<sup>2</sup> The SNP are also used in medical devices, biosensors, refrigerators, textiles, cosmetics and also in various other consumer applications.<sup>3</sup>

SNP can be available in different morphology and nanorod is one of them with the majority of research focused because of their ample

range of applications over spherical nanoparticles. The food industry, cosmetics, sunscreens, diagnostic tracers, medical devices, biosensing, imaging, and antimicrobial applications are the main uses for silver nanorods (SNR).<sup>4,5</sup> Additionally, the SNR were employed to detect residues of chloropropanol and as a high brightness photocathode material.<sup>6,7</sup>

Despite the widespread use of SNP, exposure to these nanoparticles also significantly increased. A recent investigation explored the detrimental impacts of SNP on various cell types, including human lung cells (A549), fibroblasts (NIH-3T3), rat adrenal pheochromocytoma

\*Corresponding author E-mail: [harikiran.pharma@gmail.com](mailto:harikiran.pharma@gmail.com)

cells (PC-12), and human liver cell lines (HEP G2).<sup>8</sup> The results have shown that SNP were considerably more toxic towards all cell lines tested than the silver ions, suggest that the toxicity of SNP. After exposure to different types of nanoparticles, oxidative stress and the production of reactive oxygen species (ROS) have been shown to serve as significant elements in the cellular defense mechanism.<sup>9-11</sup> Recent studies on SNP have revealed the toxicities they cause in a variety of human cell lines and animals.<sup>12-14</sup> Their characteristics, such as the size and shape of SNP, significantly influenced the degree of toxicity.<sup>15,16</sup>

However, several recent investigations have examined the toxic effects of SNR on cells using various human cell line models and recorded the cellular toxicity that SNR induced across different cell types.<sup>17</sup> This study aimed to evaluate the potential cellular toxicity, oxidative damage, and inflammatory responses of rod-shaped, polyethylene glycol (PEG) functionalized 10 nm SNR and 25 nm SNR in human lung epithelial (A549) cells and to compare these findings with control groups and quartz (QTZ), an established toxic reference material.

## MATERIALS AND METHODS

### Chemicals

The 10 nm SNR (indicated as SNR 10) and 25 nm SNR (indicated as SNR 25) were supplied by Sigma-Aldrich, Bangalore. As per the manufacturer's specifications, the nanoparticles exhibited rod-shaped morphology with defined dimensions. SNR 10 had an average diameter of 10 nm and length of 31–51 nm, while SNR 25 had an average diameter of 25 nm and length of 50–70 nm, corresponding to defined length-to-diameter aspect ratios. Manufacturer-provided physicochemical characterization data were used as reference specifications in this study. No additional TEM/SEM analysis was performed in the present study; therefore, particle dimensions are reported according to supplier specifications. Quartz particles (58–68  $\mu\text{m}$ ) were purchased from Berkely Springs, USA. Cell culture grade materials including Dulbecco's modified eagle's medium (DMEM), 1% streptomycin-penicillin antibiotic solution, fetal bovine serum (FBS), 1% L-glutamine, PEG, trypsin-EDTA (0.25%) and

phosphate buffer saline (PBS) were obtained from Himedia, Mumbai. Dimethylsulphoxide (DMSO) was acquired from Merck India Ltd. in India. The 3-(4,5-dimethyl thiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) was sourced from Sigma-Aldrich, Bangalore. Ray Biotech, based in New Delhi, India, supplied all biochemical assay kits used in this study.

### Cell line and treatment

Human lung A549 cells were obtained from the NCCS located in Pune, India. The lung cells employed were from passages 12 through 15. Cell cultivation was performed using DMEM medium containing 10% FBS, 1% L-glutamine, and 1% penicillin-streptomycin antibiotic mixture. A total of 250,000 cells were placed in each flask with 10 mL total volume. Following confluence achievement, cells underwent trypsinization using trypsin-EDTA solution and were subsequently plated in 96-well plates at  $1.0 \times 10^4$  cells per 0.1 mL. Cell cultures were maintained in a CO<sub>2</sub> incubator (WTC Binder, Germany) at 37°C with 5% CO<sub>2</sub> atmosphere.<sup>18</sup>

Test SNR suspensions were prepared at a density of 0.986g/mL at 25°C employing PBS as the dissolution medium and PEG (<1%) for stabilization purposes. For parameter evaluation, newly prepared test SNR and QTZ concentrations ranging from 10-50  $\mu\text{g/mL}$  were prepared in serum-free culture medium, alongside control samples containing PBS with 1% PEG.<sup>18</sup> The experimental conditions, including incubation duration (24 h exposure) and *in vitro* cell-based cytotoxicity assessment are consistent with the present study. Although the earlier study employed a different cancer cell model, both systems represent epithelial-origin human cancer cells cultured under standard conditions (37°C, 5 % CO<sub>2</sub>, serum-supplemented medium). Such methodological similarity supports the translational applicability of the previously established concentration window to A549 lung adenocarcinoma cells.<sup>18</sup>

### Cell viability test

The tetrazolium assay technique was employed to assess how test SNR affected cell viability and growth.<sup>19</sup> Metabolically active cells containing dehydrogenase enzymes reduced the yellow tetrazolium salt through their mitochondria, producing the reducing equivalents NADH and NADPH. The resulting formazan, which

exhibited limited water solubility and appeared as purple crystals, was dissolved using DMSO. This facilitated straightforward measurement of product formation. The intensity of the product's color, measured at 562 nm, showed a direct relationship with the quantity of viable cells present in the culture. For this assay, cells were planted in 96-well plates (Tarsons, Mumbai, India), and SNR suspensions (100  $\mu$ L, performed in triplicate) in medium were introduced.<sup>18</sup>

After a 48-hour incubation at 37°C in a 5% CO<sub>2</sub> incubator, 20  $\mu$ L of MTT solution (5 mg/mL) was introduced to each microtiter plate well. The microtiter plate was wrapped with aluminum foil to protect the dye from oxidation, DMSO (80  $\mu$ L) was dispensed into each well, and the plate underwent another two-hour incubation period. The plate was placed on a rotary shaker (Remi equipment, India) for two hours to achieve proper mixing. Absorbance readings were subsequently recorded using an ELISA reader (Anthos 2010, Germany).<sup>18</sup> Cell viability was calculated by comparing the experimental absorbance values against the solvent control.

#### Cell extract preparation

A549 human lung cells were planted in 100  $\mu$ L of culture media at a concentration of  $1.0 \times 10^4$  cells per each well in a sterilized 96-well plate. In triplicate, 100  $\mu$ L of test SNR suspensions at progressively higher concentrations were applied to each well. For 48 hours, the microtiter plate was kept at 37°C in an incubator with 5% CO<sub>2</sub>. After being extracted, the supernatants were put into a brand-new microtiter plate. The manufacturer's instructions were followed while using the cell supernatants for various biochemical tests.

#### Biochemical assays

Lactate dehydrogenase (LDH) is a soluble cytosolic enzyme that contains zinc. Its leakage into culture media can be used to quantify cytotoxicity by indicating the integrity of the cell membrane.<sup>20</sup> Oxidation-reduction homeostasis in cells is maintained by glutathione (GSH), which is chemically a tripeptide ( $\gamma$ -glutamylcysteinylglycine). Reduced GSH levels signify the onset of oxidative stress.<sup>21</sup> The amount of malondialdehyde, a naturally occurring as a result of peroxidation of lipids, was quantified by measuring thiobarbituric acid reactive substances

(TBARS), a common technique for estimating lipid peroxidation.<sup>22</sup>

Caspases constitute a group within the protease family and are classified as aspartate-specific cysteinyl proteases. A biomarker for estimating apoptosis and comprehending the mechanisms underlying apoptosis induction is the activation of caspase-3.<sup>23</sup> Many cell types secrete Interleukin-8, a protein that attracts neutrophils and indicates the presence of inflammation, is released by numerous types of cells.<sup>24</sup> Every metric was calculated and shown as a percentage of control.

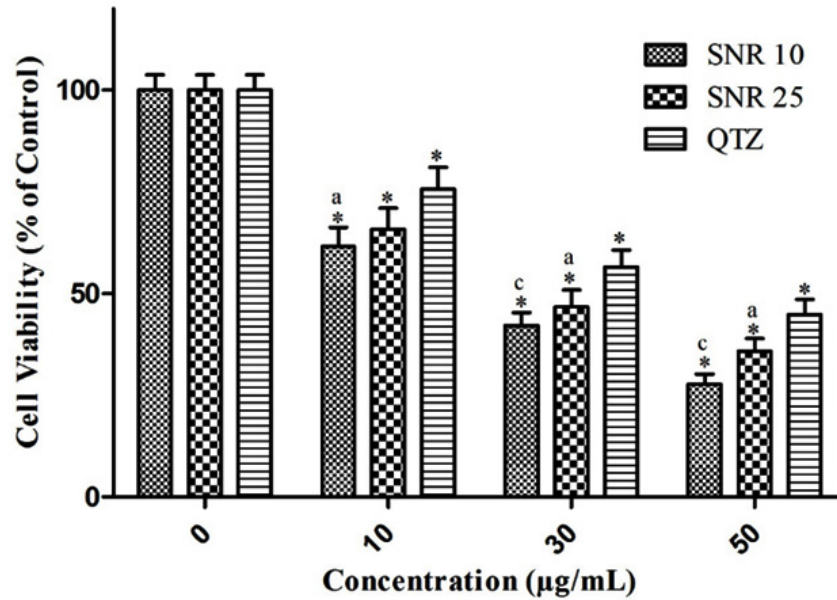
#### Statistical analysis

Using Graph Pad Prism 9, the inhibitory concentration 50 (indicating as IC50) was determined when at least two viability values fell below 50% of the control condition.<sup>18</sup> Mean $\pm$ S.D. was used to express the data (n=4). All biochemical assays were subjected to statistical analysis using ANOVA and Bonferroni posttests. The statistical significance was shown by <sup>a</sup>p<0.05, <sup>b</sup>p<0.01, <sup>c</sup>p<0.001 compared to QTZ particles and <sup>#</sup>p<0.01, <sup>\*</sup>p<0.001 versus control (PBS+1% PEG).

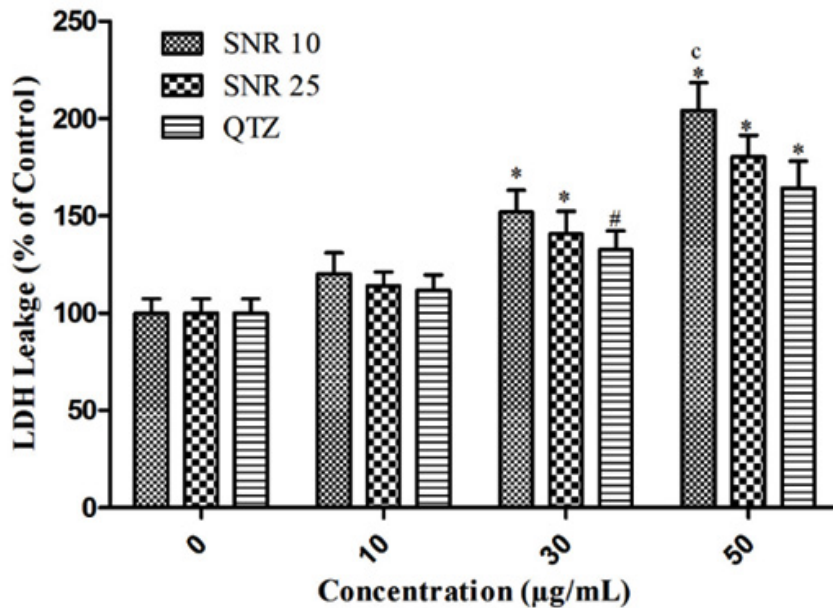
## RESULTS

At dosages of 10–50  $\mu$ g/mL, the results demonstrated a significant decrease in cell viability for QTZ, 10 nm SNR and 25 nm SNR in comparison to the control (Figure 1). Additionally, at 30  $\mu$ g/mL and 50  $\mu$ g/mL doses, 10nm SNR significantly reduced cell viability in comparison to QTZ with a P value less than 0.001. The IC50 values for SNR at 10nm and 25nm were determined to be 18.23  $\mu$ g/mL and 23.82  $\mu$ g/mL, respectively. Compared to control cells, the lung cells exposed to both SNR significantly leaked LDH into medium at concentrations of 30  $\mu$ g/mL and 50  $\mu$ g/mL (Figure 2). In comparison to QTZ-treated cells, the 10 nm SNR at 50  $\mu$ g/mL concentration significantly increased the LDH leakage with a P value less than 0.001.

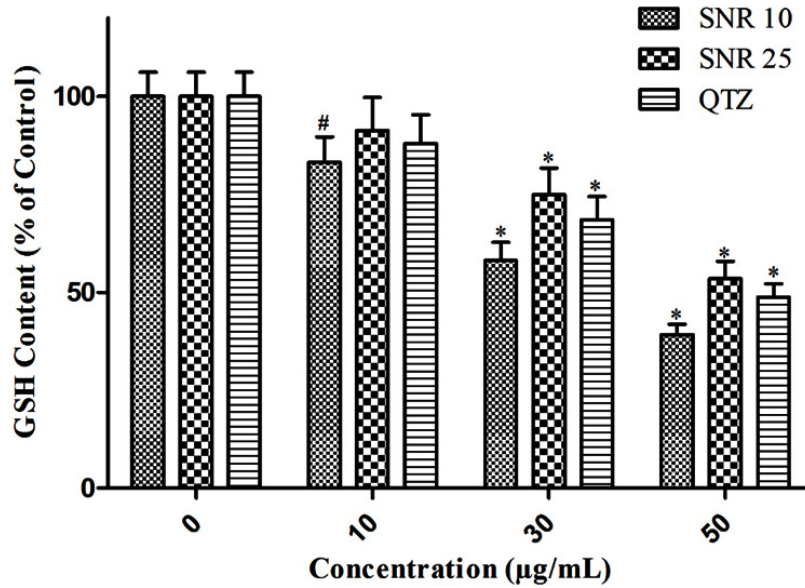
The levels of GSH were markedly decreased in A549 cells exposed to both types of SNR at doses of 30 $\mu$ g/mL and 50 $\mu$ g/mL when compared to control cells (Figure 3). The 10nm SNR at 10 $\mu$ g/mL concentration also demonstrated a notable (p<0.01) reduction in GSH levels relative to control cells. When lung cells were exposed to



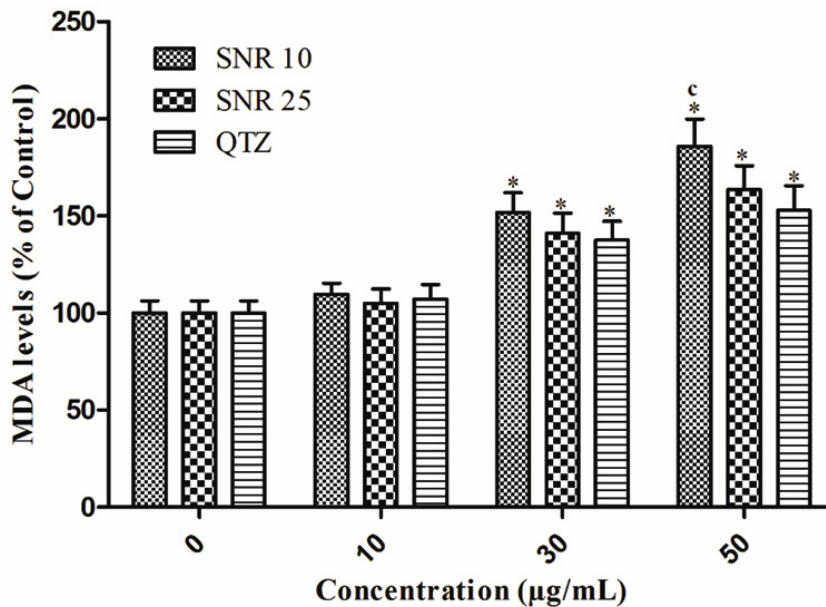
**Fig. 1.** Cell viability (% of control) in human lung (A549) cells following exposure of SNR. Mean±S.D. was used to express the data (n=4 independent biological replicates). Significance was shown by <sup>a</sup>p<0.05, <sup>b</sup>p<0.01, <sup>c</sup>p<0.001 compared to QTZ and #p<0.01, \*p<0.001 compared to vehicle control



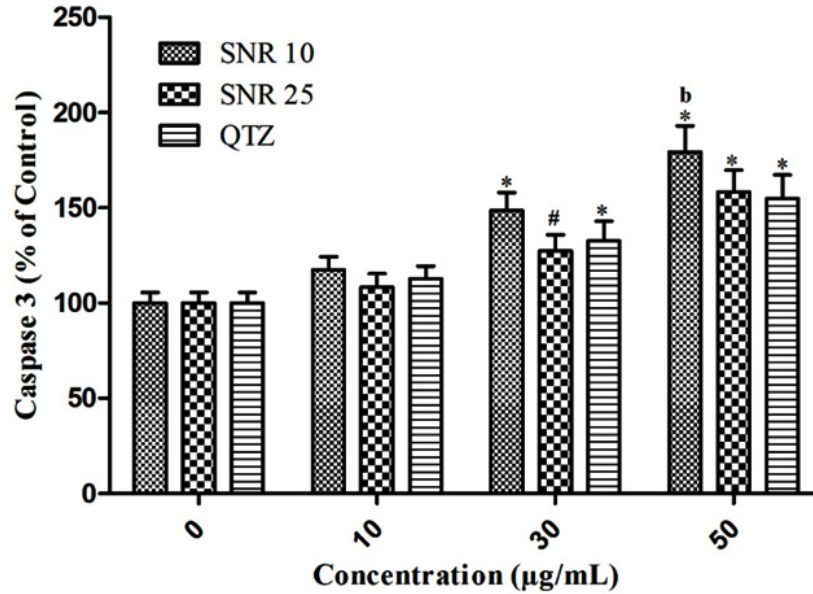
**Fig. 2.** Lactate dehydrogenase leakage (% of control) in human lung (A549) cells following exposure of SNR. Mean±S.D. was used to express the data (n=4 independent biological replicates). Significance was shown by <sup>a</sup>p<0.05, <sup>b</sup>p<0.01, <sup>c</sup>p<0.001 compared to QTZ and #p<0.01, \*p<0.001 compared to vehicle control



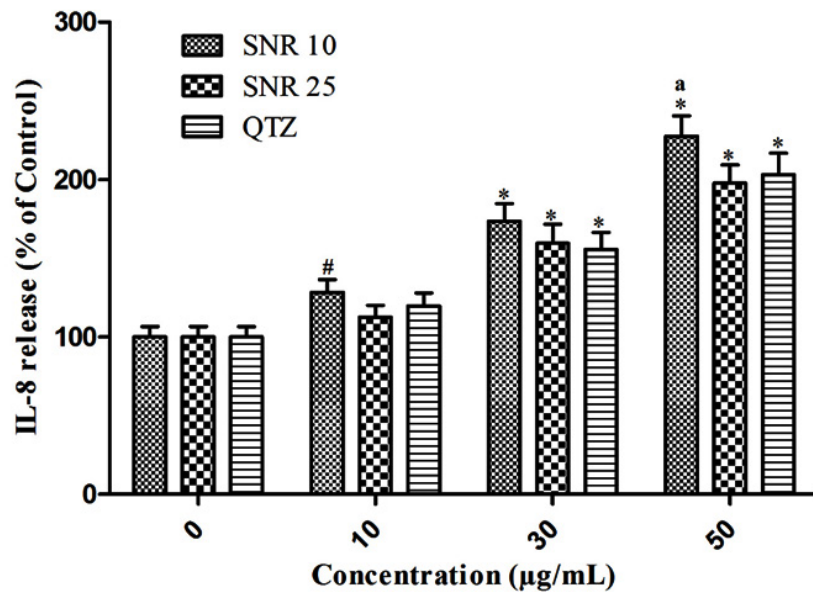
**Fig. 3.** Glutathione content (% of control) in human lung (A549) cells following exposure of SNR. Mean±S.D. was used to express the data (n=4 independent biological replicates). Significance was shown by <sup>a</sup>p<0.05, <sup>b</sup>p<0.01, <sup>c</sup>p<0.001 compared to QTZ and <sup>#</sup>p<0.01, <sup>\*</sup>p<0.001 compared to vehicle control



**Fig. 4.** Malondialdehyde levels (% of control) in human lung (A549) cells following exposure of SNR. Mean±S.D. was used to express the data (n=4 independent biological replicates). Significance was shown by <sup>a</sup>p<0.05, <sup>b</sup>p<0.01, <sup>c</sup>p<0.001 compared to QTZ and <sup>#</sup>p<0.01, <sup>\*</sup>p<0.001 compared to vehicle control



**Fig. 5.** Caspase-3 levels (% of control) in human lung (A549) cells following exposure of SNR. Mean±S.D. was used to express the data (n=4 independent biological replicates). Significance was shown by <sup>a</sup>p<0.05, <sup>b</sup>p<0.01, <sup>c</sup>p<0.001 compared to QTZ and <sup>#</sup>p<0.01, \*p<0.001 compared to vehicle control



**Fig. 6.** Interleukin-8 release (% of control) in human lung (A549) cells following exposure of SNR. Mean±S.D. was used to express the data (n=4 independent biological replicates). Significance was shown by <sup>a</sup>p<0.05, <sup>b</sup>p<0.01, <sup>c</sup>p<0.001 compared to QTZ and <sup>#</sup>p<0.01, \*p<0.001 compared to vehicle control

both SNR types at 30µg/mL and 50µg/mL doses, MDA concentrations were substantially elevated compared to control cells, while the 10nm SNR at 50µg/mL produced a pronounced increase in MDA levels ( $p < 0.001$ ) when compared to QTZ treated cells (Figure 4).

The results demonstrated that both 10nm SNR and 25nm SNR increased caspase-3 expression when administered at concentrations of 30µg/mL and 50µg/mL relative to control groups. Additionally, 10nm SNR at the 50µg/mL dose produced a statistically significant ( $p < 0.01$ ) increase in caspase-3 expression when compared to QTZ treated cells (Figure 5). A549 lung cells exhibited markedly elevated IL-8 levels relative to control samples when exposed to both SNR particle sizes at the 30µg/mL and 50µg/mL treatment concentrations (Figure 6). Additionally, compared to cells treated with QTZ, 10nm SNR at a concentration of 50µg/mL showed considerably higher levels of IL-8 ( $p < 0.001$ ).

## DISCUSSION

Using several biochemical tests in comparison to control and QTZ, the current work examined the *in vitro* cytotoxicity, development of oxidative stress and stimulation of inflammation of two sizes (10nm and 25nm) of SNR against the human lung (A549) epithelial cells. Human A549 lung cells were used in the MTT experiment to assess the impact of SNR on cell viability, and both SNR showed increased cytotoxicity against lung cells. Two sizes of SNR had IC<sub>50</sub> values that were lower than the QTZ, indicating that SNR were more cytotoxic. The LDH leakage assay was used to assess the cell membrane injury caused by the investigated SNR. The cytotoxicity of SNR was demonstrated in our work by the increased amounts of LDH that were released into media containing both sizes of SNR as a function of concentration. Rat brain endothelial cells were used to test the *in vitro* toxicity of spherical SNP. The results showed that a 24-hour exposure significantly reduced dye uptake using the neutral red assay, a marker of cytotoxicity.<sup>13</sup>

Treatment of A549 cells with 10nm SNR and 25nm SNR may have caused oxidative stress induction and ROS generation through GSH depletion and elevated MDA levels indicating

enhanced lipid peroxidation, resulting in lung cell functional impairment. Lung cells exposed to both sizes of SNR had higher amounts of caspase-3, which caused cytotoxicity. SNR exposure in A549 cells showed a higher capacity to reduce GSH content, elevation in lipid peroxidation, and levels of caspase-3 were boosted, all of which cause oxidative stress and cytotoxicity.

It has been demonstrated that SNP result in cellular toxicity in many cell types through reduced GSH levels, elevated caspase-3 levels, increased lipid peroxidation, and ROS production as a result of oxidative stress induction, which ultimately triggers the start of apoptosis.<sup>25-27</sup> After being treated with various nanoparticles, higher levels of the cytokine IL-8 were found in several cell types, which is an indication of inflammation.<sup>28,29</sup> After A549 cells were treated with 10nm SNR and 25nm SNR, elevated expression of IL-8, an indication of inflammation, were observed. The results of our investigation were corroborated by recent research that showed the inflammatory response caused by gold and silver nanoparticles in human A549 cells and human mesenchymal stem cells in the form of markedly elevated levels of IL-8 release.<sup>30,31</sup>

In comparison to control and QTZ-treated lung cells, our analysis showed that the 10nm SNR dramatically decreased cell viability, GSH content, elevated LDH leakage, enhanced lipid peroxidation, increased caspase-3 levels and raised IL-8 levels. The greater toxicity of 10nm SNR to lung cells is demonstrated by the fact that the 25nm SNR also had comparable impacts on the evaluated biochemical parameters, although not as much as the 10nm SNR.

Numerous research on various nano material sizes have recently been carried out, and the results indicate that smaller nano materials have the potential to cause more cytotoxicity, oxidative stress, ROS production, and inflammation than larger nano materials.<sup>18,32</sup> Studies that looked at the toxicity of SNP of various sizes found that the smaller SNP were more harmful than the bigger ones.<sup>33-35</sup> These investigations indicate that 10nm SNR are more cytotoxic than 25nm SNR.

A limitation of the present study is that nanoparticle dispersion stability was not characterized in complete cell culture medium using DLS or zeta potential analysis. Although suspensions were ultrasonicated prior to dosing,

aggregation during the 48-h incubation period cannot be ruled out due to protein corona formation and medium ionic strength. Consequently, the effective hydrodynamic size of the nominal 10 nm SNRs at the cellular interface may have been larger than the primary particle size, and thus conclusions regarding strict size-dependent toxicity should be interpreted cautiously.

## CONCLUSION

Human lung epithelial cells exposed to 10nm SNR and 25nm SNR *in vitro* demonstrated cytotoxicity using the microculture tetrazolium test and cell membrane injury by increased leakage of LDH enzyme. Increased oxidative stress has been demonstrated by SNR exposure by decreased levels of GSH, increased peroxidation of lipids, higher levels of caspase-3, and elevated levels of IL-8, which indicate the production of inflammation in A549 cells. Concentration-size-dependent toxicity is revealed by treating SNR with lung cells *in vitro*. To clarify the molecular pathways of SNR toxicity *in vivo*, more research is necessary.

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The authors report no conflicts of interest.

### Data Availability Statement

This statement does not apply to this article.

### Ethics Statement

This research did not involve human participants, animal subjects, or any material that requires ethical approval.

### Informed Consent Statement

This study did not involve human participants, and therefore, informed consent was not required. Clinical Trial.

### Clinical Trial Registration

This research does not involve any clinical trials.

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Not Applicable

## Author Contributions

Zareena Begum Shaik: Data Collection, Analysis and Writing; Harikiran Lingabathula: Conceptualization, Methodology, Supervision, Review and Editing

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